

# Bulletin Barnes

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## Thayer re-elected for one-year term; Stalnaker chairman-elect

Barnes Hospital's board of directors re-elected chairman Harold E. Thayer for a one-year term and named Armand C. Stalnaker vice-chairman and chairman-elect during its April 25 meeting.

In addition, Edward J. Schnuck stepped down as vice-chairman and R. Hal Dean announced his retirement from the board, which he has served since 1979. Mr. Schnuck, chairman of the executive committee of Schnuck Markets, Inc., will continue as one of the board's directors. Mr. Dean, chairman of the finance committee of Ralston Purina, has retired to pursue other business interests.

Mr. Thayer, retired chief executive officer of the Mallinckrodt Chemical Corporation and consultant to the firm, has served as chairman of the Barnes board of directors since 1979; he has been a director since 1973. Under his leadership, Barnes has completed the West Pavilion, one of the most modern hospital facilities in the country, started construction on a new trauma center and purchased its first subsidiary, Barnes/Sutter Health-Care. Mr. Thayer also serves on the board of directors for Avon Products, Inc.

Barnes' new vice-chairman and chairman-elect, Armand C. Stalnaker, has been a member of the hospital's board since 1976. He is chairman of the board of General American Life Insurance Co., and serves on the boards of Anheuser-Busch Companies, Brown Group, Federal Reserve Bank of St. Louis, Civic Center Redevelopment Corporation, Washington University, Boy Scouts, KETC-TV (Channel 9) and the YMCA.

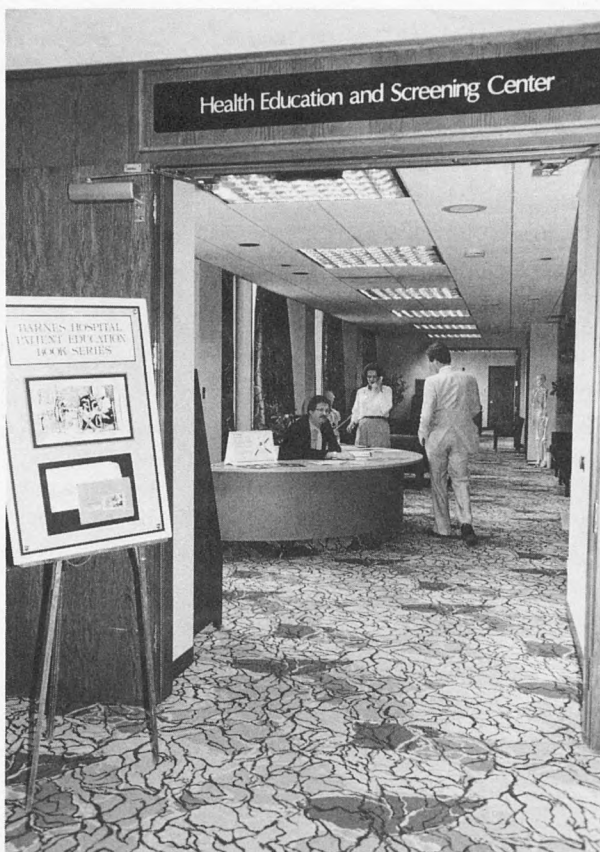
In other actions, the board re-elected the Honorable Ivan Lee Holt, Jr., and Richard C. Grayson to serve five-year terms. The Honorable Mr. Holt, a retired circuit court judge, has been a member of Barnes board of directors since 1951; Mr. Grayson, vice-chairman of Burlington Northern Inc., has been on the board since 1979. Edwin R. Culver, III, president of The Muny, was re-elected treasurer. He has served on the board since 1962.

## Laundry to save \$6,000 through \$800 purchase

A new heat-seal plastic wrap machine purchased recently by the laundry and linen department for \$800 will save approximately \$6,000 in its first year of operation, according to Gene Bonine, department director. The savings will be realized in reduced labor costs for the central service department as the machine replaces the need for sterilization of baby linens.

Operation of the machine, which packages clean baby linens in plastic wrap prior to shipment to the nurseries, is being performed by laundry staff members without any increase in personnel or wages.

**Front cover:** "Barnes is like home," says plant engineering supervisor Alvis Fowler, as he explains why he's devoted 20 years to this institution. (For other personal explanations for employee longevity, see center-spread.)



*Barnes Auxiliary's generous donation and pledge of continuing support helped open the hospital's new Health Education and Screening Center.*

## Health Education Center opens to public, staff

Thanks to a \$20,000 donation and a \$2,500 yearly pledge of ongoing support from the Barnes Hospital Auxiliary, the department of education and training (DET) has opened a new Health Education and Screening Center for patients, visitors, medical staff, employees and the general public. The center is open from 9 a.m. to 4 p.m., weekdays, and is located on the ground floor of Barnes, adjacent to the main (East/West Pavilion) lobby.

The center houses informational material on a wide array of medical topics such as heart disease, diabetes, transplants, hysterectomy and high blood pressure, as well as health promotion literature on subjects like diet, nutrition and exercise. Much of the material available has been developed by DET through input from each medical and surgical service's patient education sub-committee.

In addition to free brochures, booklets and pamphlets, the center also has several private booths for viewing videotapes and slide programs, including all of the 26 programs produced for Channel 10, the hospital's closed-circuit educational channel for patients. Group showings of all audiovisual material also can be arranged.

The center features comfortable, informal seating arrangements, while attractive displays encourage browsing. A nurse educator from DET staffs the center and is available to answer health-related questions in person or by phone. The educator also acts as a professional resource person, directing people to other areas within the hospital complex for more information on specific subjects or to individual agencies such as the Heart Association or American Red Cross. (A list of agency names, addresses and phone numbers is also available.) For more information, call the center at (314) 362-1390.

## Weber, Denton, Hetlage receive promotions

Associate administrators Mark Weber and Thomas Denton were named vice-presidents of Barnes Hospital during the April board of directors meeting, and administrative resident C. Kennon Hetlage was named assistant administrator by hospital president Robert E. Frank, effective June 1.

Mr. Weber, a Barnes staff member since 1979, has administrative responsibilities for admitting, social service, medical records, telecommunications, cashiers and the perfusion service. During his five-year tenure with Barnes, he has served as evening administrator, assistant director/assistant to the president and, since November of 1982, associate administrator.

Mr. Denton's areas of responsibility include education and training and security, as well as safety/employee health, employment and recruitment, employee relations and compensation and benefits—the four departments that fall under the human resources umbrella, which he still directs.

Mr. Denton came to Barnes in 1982 with extensive experience in personnel management as an associate administrator and director of human resources. Prior to joining Barnes, he served as an employee relations consultant for Modern Management, Inc., in Chicago, Illinois, and from 1977 to 1980, as director of personnel and risk management for St. Mary's Hospital in West Palm Beach, Florida.

C. Kennon Hetlage has been named assistant administrator. He is a 1983 graduate of WUMS' MHA program and has served as an administrative resident at Barnes since June of 1983.

## Auxiliary check largest in 25-year history

A record-breaking \$480,000 check was presented by Barnes Hospital Auxiliary president Mary Ann Fritschle to board chairman Harold E. Thayer during the organization's annual spring luncheon and business meeting April 26.

The check, the largest in the Auxiliary's 25-year history, marked the final installment of a \$1 million pledge made in 1981 to help finance the construction of new emergency department facilities. The check also brought the group's total donations to Barnes to over \$4 million.

"You've outdone yourselves," said Mr. Thayer following the check presentation. "You have generously contributed over \$4 million for such areas as the cardiac care unit and the cardiothoracic surgery nursing divisions, which have become models for other such units in the country. And now your efforts are resulting in new emergency department facilities and the Health Education and Screening Center." Noting the Auxiliary's many accomplishments, Mr. Thayer kidded members about being "workaholics" and said: "You get a long series of A's!"—his trademark compliment.

The Auxiliary also was praised by hospital president Robert E. Frank, who received a standing

(continued on page 2)



## Auxiliary

(continued from page 1)



Board chairman Harold E. Thayer accepts \$480,000 check from Auxiliary president Mary Ann Fritschle.

ovation enroute to the podium. "We're proud of Barnes and the Auxiliary and the progress each has made through the past 25 years," said Mr. Frank. "Personally, I've always believed in the Auxiliary and the volunteer program and take an added feeling of pride in seeing each year's accomplishments surpass those of the year before."

Mr. Frank also noted that when the Auxiliary was formed, nearly all volunteers gave their time and efforts to a healthcare facility.

In 1984, however, hospitals claim only  $1\frac{1}{10}$  of 1 percent of the volunteer work force, Mr. Frank said. "Hospitals may be able to claim only a small fraction of the volunteer force, but we certainly have one advantage," he said. "We claim the cream of the crop."

Some of the accomplishments noted by both men included the more than 56,000 hours of volunteer service during 1983 and the more than 1.3 million hours of service since 1959. The Auxiliary also received accolades for starting the first volunteer patient representative program in the country and for its newest service—providing volunteers to serve as liaisons between staff and patient family members in the cardiothoracic surgery nursing divisions.

The luncheon, which also included a humorous talk by *St. Louis Post-Dispatch* feature columnist Elaine Viets, was the first step in a two-part celebration of the Auxiliary's Silver Anniversary. The second was a June 1 gala at the Missouri Botanical Garden's Ridgway Center where the Auxiliary's next fundraising project, the proposed pedestrian skywalk over Barnes Hospital Plaza, was announced. The Auxiliary has pledged \$1.3 million to that effort.

## Screening center helps detect breast cancer

The good news in the fight against breast cancer, one of the leading causes of cancer deaths in women in the United States, is that early detection and treatment increases life expectancy and may mean that less extensive surgery will be required.

To promote early detection of this dreaded disease, which often strikes women in the prime of their lives, Barnes Hospital has opened a Breast Cancer Screening Center. Located on the hospital's ground floor, adjacent to the main (East/West Pavilion) lobby, the center offers women the opportunity to learn breast self exam from a clinical

nurse specialist and to have a mammogram (x-ray of the breast) and consultation with a Barnes surgeon.

As part of the screening process, women receive educational materials on breast self exam, mammograms and breast cancer and are instructed in self-examination by a nurse specialist. A physical exam is performed by a Barnes doctor, who then discusses the results with the patient.

Mammograms will be performed on all women aged 40 years and over or women aged 35 to 40 years who have a family history of breast cancer. Other women may have a mammogram performed if ordered by the examining physician. Mammograms can detect lumps as small as 1 centimeter in diameter and are performed in the Mallinckrodt Institute of Radiology here.

Following testing in MIR, the patient returns to the center (an escort is provided), where results of the mammogram are evaluated immediately by the examining doctor, who in turn discusses the test outcome with the patient. The entire diagnostic screening, including mammogram, should take only from one to one and one-half hours to complete.

The primary advantage of the center is the fast turnaround time for receiving mammogram results, according to Linda Knight, patient education coordinator. "Early detection is the primary goal of the center," says Ms. Knight. "Having the opportunity to receive a physical breast exam, mammogram and consultation with a doctor all in less than two hours is not only very convenient, but could really speed up the entire diagnostic process."

Learning breast self-exam from a highly trained registered nurse in a comfortable and personable atmosphere is another key feature of the center, according to Ms. Knight. "Knowing the skills of self-examination can be life-saving," says Ms. Knight. "Women often don't feel comfortable asking their doctors about it or they may feel rushed during a routine office visit. Here, they can take all the time they need to learn the proper techniques."

The charge for the educational portion of the screening, which includes the physical exam and consult by a Barnes doctor, is \$40. The mammogram, if needed, is billed separately through MIR and costs approximately \$100. For more information, or to schedule an appointment for a breast cancer screening at the center, call (314) 362-1390.

## Barnes publications win two awards

Barnes Hospital's 1982 *Annual Report* and its quarterly magazine, *Barnes Health News*, were honored recently with Awards of Merit from the International Association of Business Communicators/St. Louis for superior achievement in the field of organizational communication.

The awards represent the second won by the 1982 *Annual Report*, produced by public relations director Daisy Shepard, and the third won by *Barnes Health News*, edited by assistant public relations director Charlene Bancroft. The four-color *Annual Report* also has been honored by the Missouri Association for Hospital Public Relations (MAHPR), while *Barnes Health News* has been recognized by MAHPR and the Advertising Federation of St. Louis.

Copies of the publications, as well as the 1983 *Annual Report*, are available in the public relations department, ground floor Queeny Tower. Free subscriptions are available for *Barnes Health News* and the *Barnes Bulletin* by calling 362-5290.

## Area businessmen attend 1st Community Forum

Nearly 30 representatives from area businesses and corporations attended a May 9 Community Forum here, a first for Barnes, to learn more about the hospital's services, facilities and cost-containment programs.

The forum included a welcoming address by hospital president Robert E. Frank, a medical update on new advances in cancer treatment and management by Dr. Jay M. Marion, Barnes/WU oncologist, a Barnes update by executive vice-president Max Poll, tours of the hospital and a concluding social hour, where hospital administrators were on hand to answer participants' questions and to discuss material presented earlier.

Highlights of the tour included the one-stop testing facility in admitting, clinical chemistry (which boasts state-of-the-art technology and one of the region's highest test volumes), cardiothoracic surgery's centralized operating room, post-anesthesia recovery and intensive care suite, the cardiac care unit and adjacent stepdown areas and the respiratory intensive care unit.

"The feedback we've received from those participating has been extremely positive," says assistant administrator Jim Hubbard, who organized the forum. "Many were simply not aware of the scope of services offered here or of the many services and facilities that are unique to Barnes in comparison with other hospitals in this area."

The forum represents the first of an ongoing series in which the hospital will invite executives from a diverse range of area businesses to personally visit and inspect Barnes.

## Diabetes education wins AHA accolades

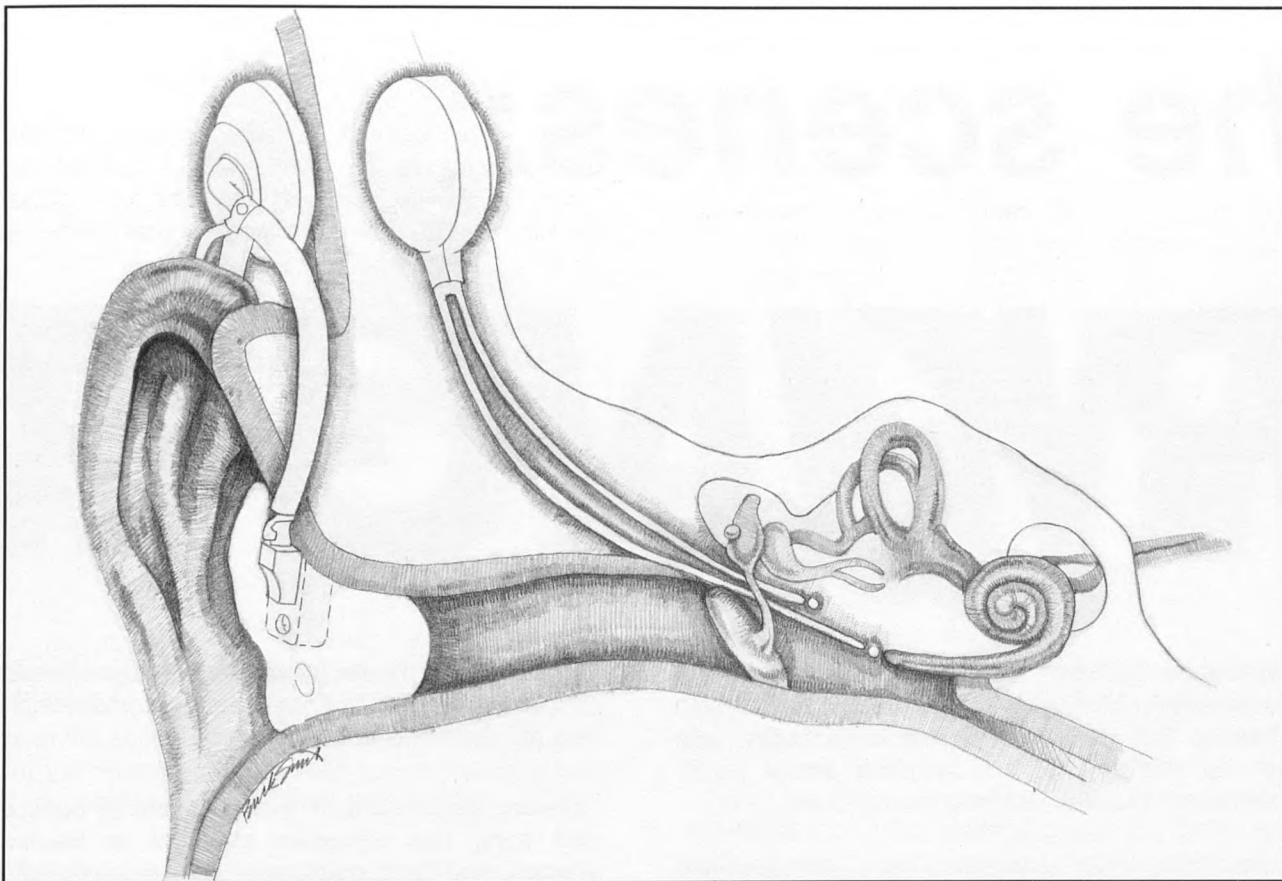
Barnes Hospital's diabetes patient education program has won accolades from the American Hospital Association as being among the country's five best in terms of planning, implementation, range of services offered and follow-up evaluation. Barnes' program, which has been centralized under the department of education and training since 1977, was highlighted along with the four other award winners in a recent AHA publication titled *Managing Diabetes Patient Education*.

At Barnes, diabetes education is directed toward patients, their family members and hospital staff. It is a multidisciplinary effort that involves personnel from DET, nursing, medical staff, pharmacy, food and nutrition and other departments. Classes meet four times weekly, year-round, and cover such topics as foot care, diet, prevention of hypo- and hyper-glycemia, sick day management and self-testing. Teaching carts, stocked with audio-visual aids, printed materials and other instructional guides, are used for individual training sessions with patients and family members, while special diabetes-related programs on the hospital's closed-circuit television station provide ongoing support and instruction.

According to the AHA, "diabetes mellitus ranks third in the United States as an underlying or contributory cause of deaths attributable to disease" and afflicts an estimated 10 million individuals nationwide. Major complications include kidney failure, heart disease, blindness and gangrene that often leads to amputation.

The importance of diabetes education programs such as Barnes' lies in the fact that many of these complications can be delayed, and in some cases, even prevented through education and proper care, according to the AHA.





An artist's rendering showing placement of the implantable hearing aid.

## Implantable hearing aid to be tested here

This summer, a team of doctors and audiologists from Barnes Hospital and the Washington University School of Medicine will join in bringing a new implantable hearing aid to clinical trial. This group, headed by Dr. John M. Fredrickson, Barnes otolaryngologist-in-chief, is one of 12 nationwide which will implant the aid in several patients and study the results over a year or more.

This hearing aid is designed to help the profoundly deaf, a group that represents five to 10 percent of the hearing impaired. Conventional hearing aids don't help them. They have sustained damage to the tiny hair cells and nerves deep inside the ear which normally turn sound vibrations into electrical impulses and transmit them to the brain.

The clinical trial will focus on patients who are "post-lingually" deaf, having learned speech before they lost their hearing. These test patients must also be at least 18 years old, in good health, of normal intelligence and psychologically and emotionally stable.

"With this device, we will be providing deaf patients with new information to improve their comprehension of sound. It is a signal more useful than any they can get with other existing aids today," says Dr. Fredrickson, who will be performing implant surgery along with Dr. Peter Smith. Pre- and postoperative hearing evaluation will be under the direction of Dr. Margaret Skinner, WUMS director of audiology in the department of otolaryngology.

The test device is an "extra-cochlear" hearing aid, implanted next to the bony, snail-shaped cochlea which contains the ear's hair cells and nerves. It works this way: a tiny microphone in the patient's outer ear picks up sound, which is then changed to an electrical signal by a battery-powered processor attached to the patient's belt or pocket. This signal is sent first to a transmitter behind the ear, then to a receiver implanted under the skin, which passes the signal to the implanted electrode. The electrode output stimulates the remaining nerves and creates a perception of sound for the patient.

The signal received by the patient is not a clear sound, as normal listeners hear it. Patients must learn to use the signal through months of practice and intensive training. The medical/audiologic

team will evaluate patient progress closely, using sound discrimination tests, symptom checks and speech-reading measurements.

The Barnes/WU team also has decided to include a vibrotactile device in the clinical trial and, in collaboration with Central Institute for the Deaf, compare its benefits to those of the implantable aid. Through the vibrotactile device, the sound signal is coded and transmitted through the skin by vibration. (The sound sensations provided through this device are fairly similar to those given by the implant for many patients.)

The implantable device will not restore normal hearing in these patients, stresses Dr. Fredrickson. They will be able to identify medium to loud noises, such as horns honking or telephones ringing; to understand speech, they will still have to use lip-reading, along with the sound signal. But their lip-reading will become more accurate, and they will learn to modulate their own speech in response to the sound.

"A significant percentage of patients will become more independent than they otherwise would be. They can get out in society and understand people who can't sign. It's an additional tool for their rehabilitation; it's breaking the barrier of silence," says Dr. Fredrickson. Persons interested in participating in the study should call the department of otolaryngology, (314) 362-7489.

## BHS honors employee with Award of Merit

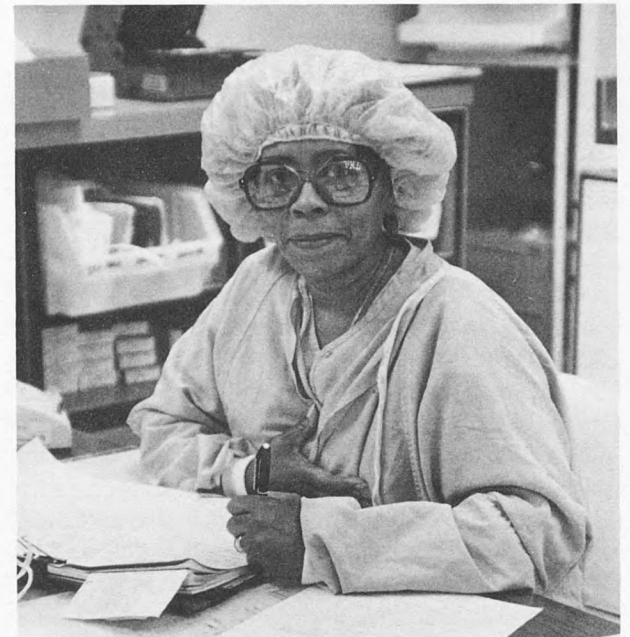
An employee who has gone beyond the ordinary call of duty in service to the hospital and its patients will be honored by the Barnes Hospital Society with the association's fifth Award of Merit in special ceremonies which begin at 8:30 a.m., June 5, in the East/West Pavilion lobby. Employees and the public are invited to attend; the recipient's name is kept secret until the actual presentation.

The Award of Merit program, which includes a cash prize of \$250 and a tie tac or necklace embellished with a gold and silver Barnes' logo and five sapphires, was established by the BHS in 1982 as a way to meaningfully honor those associated with Barnes whose service and dedication exceeds ordinary job expectations.

The first awards were presented to Brooks Pumphrey of dispatch and Jimmy Loines of plant

engineering, who has since retired. The second awards, given to medical staff secretary Loyce Rutherford and vice-president Dillon Trulove, were presented in December of 1982. Both have since retired.

Anyone who is registered as a volunteer, medical staff member or employee of Barnes Hospital is eligible for the award, which is made annually. The BHS is an organization, headed currently by Dr. Willard Walker, general surgeon, that includes more than 800 doctors on Barnes' staff. The group is pledged to secure the development of Barnes both as a source of community service and as a center for medical progress. Selections for the award are made only on the unanimous vote of all officers and councilors.



Vivienne Dobbs, 1984 Humanitarian Award winner.

## Vivienne Dobbs receives Humanitarian Award

Vivienne Dobbs, post-anesthesia recovery room unit clerk, has been selected by a committee of her peers as Barnes Hospital's 1984 Humanitarian Award winner. She will receive the award, along with nearly 50 other St. Louis area hospital honorees, at a special luncheon June 20 at the Sheraton St. Louis Hotel at Convention Plaza.

The Humanitarian Awards program and luncheon are sponsored by the Hospital Association of Metropolitan St. Louis (HAMSTL) to pay tribute to those hospital employees who have gone beyond the normal call of duty in performing a significant humanitarian act or in long-term service to an important social cause.

Mrs. Dobbs was chosen for her long-term service to the community through active participation in numerous charitable organizations, unfailing efforts in helping to provide college scholarships for the city's youth and promotion of neighborhood pride and cohesiveness as a former block unit coordinator and current member of the Kiel Opera House Board of Commissions—an office she holds by appointment of Mayor Vincent Schoemehl, Jr.

Mrs. Dobbs serves as president of the Euclid Plaza Chapter of the National Council of Negro Women and vice-president of the St. Louis chapter of American Business Women. She is a booster for the Annual Ebony Fashion Fair and the St. Louis Sentinel charities and is an active member of the NAACP and Urban League, as well as an ardent supporter of the United Way.

Mrs. Dobbs is the second Barnes employee to receive such recognition; chief cashier Paul Hartwell received the award last year, the program's first, for his coordination of Barnes' monthly blood drives and his organization in 1980 of St. Louis' first city-wide blood-a-thon.



# Behind the scenes: WORKING A

It's spring, 1949. The 12 Atlantic Pact Nations are signing an alliance treaty despite protests from Russia. Republican mayoral candidate J. Edward Graff is warning that the election of Democrat Joseph M. Darst will open the door in St. Louis for "gamblers and hoodlums" and the St. Louis Cardinals and Browns are battling losing streaks and rain-outs. Barnes Hospital, already established as one of the nation's premiere medical institutions, is planning a massive expansion effort—one that will span nearly a decade and will give birth to three new hospital buildings.

April 11, 1949, Sally Buck, a new bride, strolls into Barnes personnel office, seeking a temporary job that will help build a family nest egg. Her quest is successful: Monday she starts as the new pharmacy secretary.

And today, 35 years later, Sally is still at Barnes, working in the pharmacy. Only now she has a different title, pharmacy supervisor, that reflects a desire to learn and the knowledge and skill acquired over a lifetime of service.

On May 18, 1984, 170 Barnes employees were honored for 10 or more years of service at the semi-annual Service Awards Dinner held at the



*Sally Buck, pharmacy supervisor, is still on the job after 35 years of service. "It hasn't all been easy, but it's all been interesting," she says.*

Radisson St. Louis Hotel. Altogether, they have contributed 2,530 years and 5,262,400 hours in helping Barnes become what it is, today, one of the country's top ten hospitals and a world-renowned provider of tertiary care.

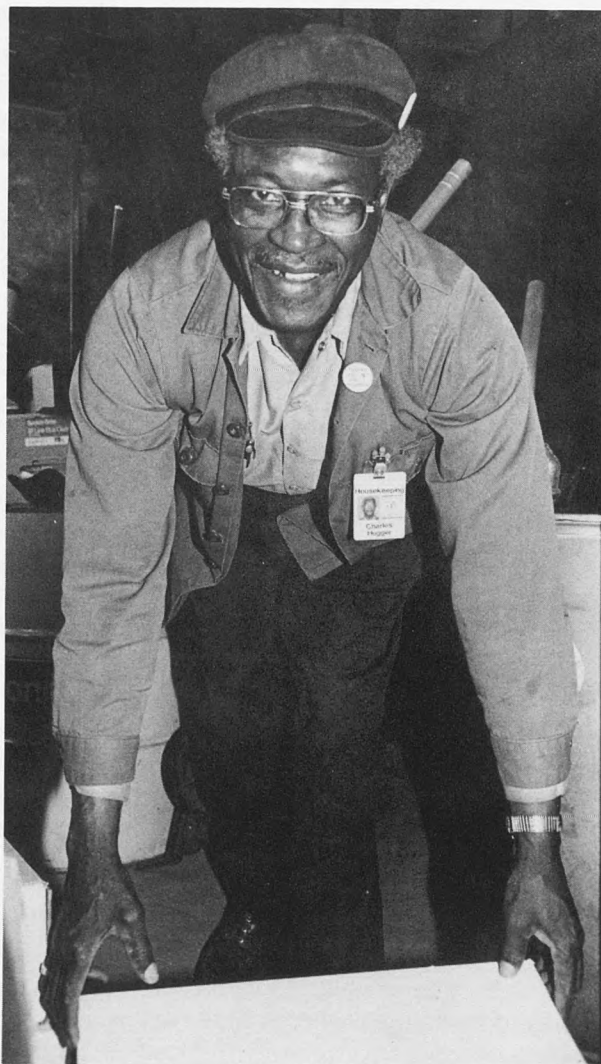
Like Sally, these employees have witnessed the construction of the David P. Wohl, Jr., Hospital, Barnard Free Skin and Cancer Hospital, Renard Hospital for psychiatric patients and Wohl Hospital Clinics Building (all of which since have been closed for inpatient treatment).

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**"I'm a good employee. I'm never absent, never out sick, always on time. I need little supervision: I know what I got to do and I do it."**

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They've seen the start of the hospital's School of Nursing and the Barnes Auxiliary, helped with the implementation of eye-ease green garb in the operating rooms and watched the straightening of Kingshighway and the formation of Barnes Hospital Plaza in the late 50s and early 60s. They've worked through endless construction projects, from the addition of four stories onto Rand-Johnson and the Olin elevator addition, to the comple-



*"My job has afforded me a lot of the necessities of life," says Charles Hugger, a truck driver and mover for the housekeeping department and 20-year honoree at the recent Service Awards Dinner.*

tion of Queeny Tower (generally considered about 20 years ahead of its time in concept and design) and the East and West Pavilions.

In every department, in every sphere of service, one thing has remained constant at Barnes: change. And these employees, the ones who have remained and prospered at Barnes, have done so because they have been (and still are) willing to change, grow and tackle new challenges.

Few, however, anticipated the great strides that they and Barnes would make, and few, if any, realized when they walked in the door on their first day they would still be wearing a Barnes "ID" 10, 15, 20, 25, 30 or even 35 years later.

"I worked here for two weeks and was ready to quit," says Anna Lee Michel, a 20-year veteran of internal auditing. "I kept thinking: 'I'll never learn all this!' But my supervisor was very encouraging and said to give it a little more time, and so here I am, 20 years later. It gets in your blood."

"It seemed like such hard work, I never dreamed I'd be here 20 months, let alone 20 years," says Pine Vann, a laundry assistant supervisor who has worked her way up from an original position as linen sorter.

Other longtime employees did take an instant liking to their jobs, though. "I decided right away that it was a job for me to do as well as I could for as long as I could," says Charles Hugger, who has held numerous positions with the housekeeping department during the last 20 years. "I've enjoyed every moment: I like to work, I like what I'm doing and I thank God for it: it's afforded me a lot of the necessities of life."

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**"I've had 20 years of learning . . ."**

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"I liked my job right away and planned to stay as long as I could," says Hippolyte Johnson, a chief technician in central service who came to Barnes shortly after immigrating from the French West Indies. "When I came, I couldn't speak English very well and my supervisors were very patient and understanding."

But what makes an employee want to stay, year after year? A strong commitment to helping others is one oft-mentioned reason; job satisfaction is another.

"I'd recommend Barnes to anyone who wants to help people and who wants to have deep gut satisfaction inside," says Thomas Zinzer, assistant patient accounts manager. "In most cases, people are extremely thankful."

"Each time I perform a duty, I try to keep in mind that I'm doing it to help someone else," says Rose



# T BARNES

Stephens, a 25-year honoree from the blood bank. "If I can remember that, it improves the quality, quantity and accuracy of my work. It takes a while for the younger people right out of school to realize that there's a life at the end of their activity."

"I always think that a person's life is in my hands," affirms Mrs. Johnson. "I want it done right because that piece of equipment or instrument could be used for me. I always check it twice to be sure."

"I love people," says Betty Dickey, a 20-year employee who now works as an eye clinic cashier. Because of our location in the hall we sometimes see people who are lost or a little confused. If I can help them in anyway, it makes me feel good."

"I like working in a hospital. I enjoy people and helping others," says Mildred Jones, a 25-year veteran in service and supply for the diagnostic labs. "I'm just really concerned about sick people."

Feeling appreciated by both patients and hospital administration also has contributed to many Service Awards Dinner honorees' outspoken loyalty to Barnes. "I think employees are appreciated by the patients, even for the littlest things we do—there's a real satisfaction there," says Mrs. Buck. "Also, I feel employees are appreciated by administration. I think it's part of the basic philosophy of the hospital. It is very rewarding to feel you are doing something to help someone else and are appreciated for it. People do express their thanks here."

"Barnes has been very helpful, very considerate of people with families," says Mrs. Stephens. "I was always able to arrange days off when the kids had activities at school. That says a lot for the institution."

The opportunities to learn and for personal advancement, fostered through the hospital's strong promote-from-within policy, also have resulted in many longtime employees making Barnes a permanent part of their career plans.

"Work is always a challenge," says Mary Petty, a 25-year veteran of the hematology lab. "There's something different every day. It's always changing and we're always discovering new, better ways of doing things. I've missed very few days of work—that says to me that I enjoy coming every day."

"I've had 20 years of learning," says Norma Foster, a 20-year honoree from the purchasing department. "It's a continual learning process and it means more because I'm doing it to help someone else."

"Barnes is a very good place to learn," echoes Betty Mamelian, a certified operating room technician with 20 years of service. "Everybody teaches here and I think everyone in the East Pavilion

gynecology operating room does his or her very best to help someone else learn. It's a good situation; it keeps all of us on our toes."

"I love working with the babies, and to see the things we can do for them progress has been very fulfilling," says Esther Granger, a 30-year veteran of the premie nursery. (Mrs. Granger also has the added satisfaction of having been re-introduced to one of her earlier charges, a recent graduate of Barnes Hospital School of Nursing who is now a Barnes registered nurse in maternity!)

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**"It takes a while for the younger people right out of school to realize that there's a life at the end of their activity."**

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"I didn't want to be just a robot, so I've upgraded myself to do better," says Thelma Stocking, a certified operating room technician with 25 years of service. "I wanted to know what I was doing and why, and I wanted to earn a better salary, so I went back to school and attended workshops. I still do, just to keep up."

In addition to helping others and having the opportunity to develop professionally, many honorees from the recent Service Awards Dinner also refer frequently to what they perceive as the hospital's greatest asset: their co-workers.

"Barnes is like home," says Alvis Fowler, a plant engineering supervisor with 20 years of service who was named Maintenance Man of the Year in



*"The complexity of care has increased so much, it's made my job become more interesting with each passing year," says Esther Granger, a registered nurse who has cared for Barnes' tiniest patients in the premie nursery for 30 years. "I just love working with babies!"*

1983. "I know almost everybody here and all the guys I work with are nice. That's important when you spend as much time here as you do at home!"

"Barnes is like a little small town," says Mrs. Dickey. "You see someone in the hall and they'll say, 'Hey, where've you been?' It's like running into someone you know at the grocery store."

"Laundry seems like a department that really cares," says Catherine Taylor, who has served that work area as secretary for 20 years. "If something doesn't look as clean as it used to, people will stop and ask questions—they want to know why and they want it fixed! Also, when we get a new piece of equipment, everybody cooperates in getting it started, making it work. We're a modern group of people; we go with the times. I really admire that and it's nice to work in a place that excels."

And, not surprisingly, most employees who have been traveling Barnes' many corridors and floors for a long time, and have participated in many changes in technology, facilities and personnel, have bottom-line perspective into what makes a good employee, as well as a little advice for those just starting out.

"First, you have to care about the next person," says Bettye Robinson, a certified operating room technician with 25 years of service. "Second, you have to have patience. If you don't, this isn't a place for you."

"Just do what you know is right, and don't listen to any gossip or hearsay," says Mildred Greenley, a licensed practical nurse with 25 years of service.

Perhaps Margie Sykes, a 25-year veteran of the main kitchen's assembly unit, which produced 2,620,033 meals last year, says it best: "I'm a good employee. I'm never absent, never out sick, always on time. I need little supervision: I know what I got to do and I do it."



## Media spotlight

As a national leader in patient care and medical research, Barnes also serves as an information resource center. In 1983, more than 900 queries from broadcast and print media representatives were made to the hospital requesting that Barnes medical and professional staff elucidate current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

### Television

Dr. **Michael J. Gast**, Barnes/WU obstetrician/gynecologist, was interviewed by KMOX's Al Wiman for a three-part series on pregnancy that aired in May. Subjects covered included home pregnancy tests and the dangers of smoking cigarettes or drinking alcohol when pregnant.

Dr. **Godofredo M. Herzog**, Barnes/WU obstetrician/gynecologist, was interviewed for a May 15 segment on PMS (pre-menstrual syndrome) that aired on KSDK.

Suction lipectomy, a new surgical method for removing unsightly fat deposits along hips, thighs, upper arms or under chins or along the stomach wall, was the subject of a May 7 segment on KSDK. Dr. **V. Leroy Young**, Barnes/WU plastic surgeon, was interviewed.

The rapidly increasing need for organ donations for lifesaving transplants and the courage of families who take this important step in the face of the death of a loved one were the subjects of an April 24 segment on KMOX.

Dr. **Jay M. Marion**, Barnes/WU oncologist, discussed the suspected AIDS (Acquired Immune Deficiency Syndrome) virus with KMOX's Max Leber for an April 23 segment.

The external pacemaker, new technology that enables doctors to stimulate the heart through leads placed on patients' chests, was the subject of an April 19 segment on KMOX. Medical reporter Al Wiman interviewed Dr. **Allan S. Jaffe**, cardiac care unit director, about the pacemaker.

Dr. **Scott Sale**, Barnes/WU allergist, was interviewed by Dr. **John S. Daniels**, Barnes/WU physician and KSDK medical reporter, for an April 17 segment covering potential spring allergy hazards and treatments.

Dr. **John M. Fredrickson**, Barnes otolaryngologist-in-chief and head of the department for WUMS, discussed the implantable hearing aid which is being tested here and at about 12 other centers nationwide. The segment aired April 16 on KMOX. (See related story, page 3.)

The **Rev. Janet M. Lutz**, Barnes' new director of pastoral care, was a guest speaker on KMOX's recent three-part series on rape and how this crime affects its victims. The Rev. Lutz is a consultant to the Women's Self Help Center, a counseling and referral center for abused women.

### Radio

Registered nurse **Dolores Drury** discussed foot care with WILY of Centralia, Illinois, for a May 17 program.

Dr. **Joseph F. Ruwitch**, Barnes/WU cardiologist, fielded questions about hypertension during a May 1 program on WILY of Centralia, Illinois.

The **bone marrow transplant unit's** request for donated video cassette recorder tapes for patients' recreational purposes aired April 24 on KMOX.

### Print

**Current road construction** and re-routing by the hospital's subsurface garage and employee park-

ing garage and lot that will ultimately improve access to Barnes was the subject of a May 17 article in the *St. Louis Post-Dispatch*.

The **Rev. Janet M. Lutz**, director of Barnes' pastoral care department, was interviewed for a feature article May 12 in the *St. Louis Globe-Democrat* on women in the clergy.

The **Barnes Hospital Auxiliary** was honored for its 25 years of service to Barnes by hospital administration through full-page advertisements, complete with photographs, that appeared April 26 in the *St. Louis Post-Dispatch* and *Globe-Democrat*. Also on April 26, both papers printed articles concerning the Auxiliary's silver anniversary luncheon and \$480,000 gift to the hospital for financing of the new emergency department facilities now under construction.

Springtime allergies and tips in lessening their severity and treating them were discussed in an April 25 article in the *South Side* and *South County Journals*. Dr. **Scott Sale**, Barnes/WU allergist, was interviewed.

The **need for video cassette recorder tapes** for use by bone marrow transplant patients for recreation during their typically long hospitalizations was the subject of an April 24 article in the *St. Louis Globe-Democrat*.

The **subsurface garage expansion project**, which will provide an additional 823 parking spaces when completed next year, was the subject of an April 19 article in the *St. Louis Post-Dispatch*.

Hospital president **Robert E. Frank** was interviewed concerning his views on DRGs (diagnosis-related groups)—the government's controversial plan that pays hospitals a flat rate based on diagnosis for each Medicare patient admitted—for an April 14 article in the *St. Louis Globe-Democrat*.



Orville Lambert's youthful expression belies 44½ years of service to Barnes.

## Lambert, Vaughn retire with 61 years of service

Longtime employee Orville Lambert and payroll supervisor Winston Vaughn retired from Barnes recently with a combined total of more than 61 years of service. Both received certificates of appreciation and were honored with retirement parties and gifts from their co-workers and friends throughout the hospital.

Mr. Lambert's retirement April 19 marked the culmination of 44½ years of loyalty to Barnes and the end of an era: Mr. Lambert's father, Charles, also

had worked here for 33 years, beginning in 1932. He has held numerous positions, including admitting transporter (1939), maintenance worker (1940), assistant printer (1962), printer and print shop manager (1971-1976) and his final position in supply.

Mr. Vaughn's retirement April 13 after nearly 18 years of service represents the end of a different sort of era. He is "retiring" to concentrate his efforts completely on his second occupation, that of full-time pastor to the Northside Assembly of God Church in St. Charles, Missouri. Mr. Vaughn's tenure with Barnes began in 1966 when he signed on as a property control clerk. He was named payroll supervisor in 1973.

## John L. Warmbrodt dies; retired Barnes exec

John L. Warmbrodt, retired executive vice-president of Barnes Hospital, died May 18 after an 18-month battle with cancer. He had retired from Barnes on December 26, 1981, after nearly 22 years of service.

Mr. Warmbrodt had joined the hospital's staff as assistant controller in June, 1960. In 1962, he was named controller. He was appointed deputy director in charge of finance in July, 1966. He became vice-president when Barnes incorporated in 1973. In 1976, Mr. Warmbrodt was named executive vice-president. He also served as corporate secretary and assistant treasurer on the Barnes board of directors.

Mr. Warmbrodt was noted throughout the hospital community as a widely read, highly intelligent individual who possessed the unique ability to quickly come to the core of an issue and to deal with it immediately and decisively. He is survived by his wife, Kathryn; daughter, Kathryn Topping; sons, John and Robert Warmbrodt, and sisters, Louise Shankland and Ruth Vieth.

## I Can Cope starts new 8-week session

Cancer patients and their families are invited to enroll in an eight-week educational course designed to teach them more effective ways of dealing with cancer that begins June 12 at Barnes. Called "I Can Cope," the free course is taught by doctors, nurses, social workers and other professionals who are working with cancer patients and is sponsored by the hospital's social work department and the American Cancer Society.

Topics covered include learning about cancer, coping with daily health problems, expressing feelings related to cancer, how to live with limitations, helpful community resources and the importance of a positive self-image. For more information, call 362-5574.

# Barnes Bulletin

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**Nora Carr, Editor**

**Daisy Shepard, Director**  
**Charlene Bancroft, Assistant Director**

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# Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period April 9 to May 10 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development Office. (Donations through MasterCard or Visa are welcome.) The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

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(continued from page 7)

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